2016-2017 Annual Assessment Report Template

For instructions and guidelines visit our <u>website</u> or <u>contact us</u> for more help.

Please begin by selecting your program name in the drop down. If the program name is not listed, please enter it below:

BS Parks & Rec. - Rec. Therapy

-		
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Question 1: Program Learning Outcomes

Q1.1.

Which of the following Program Learning Outcomes (PLOs), Sac State Baccalaureate Learning Goals (BLGs), and emboldened Graduate Learning Goals (GLGs) **did you assess?** [Check all that apply]

	1. Critical Thinking
	2. Information Literacy
	3. Written Communication
	4. Oral Communication
	5. Quantitative Literacy
	6. Inquiry and Analysis
	7. Creative Thinking
	8. Reading
	9. Team Work
	10. Problem Solving
	11. Civic Knowledge and Engagement
	12. Intercultural Knowledge, Competency, and Perspectives
	13. Ethical Reasoning
	14. Foundations and Skills for Lifelong Learning
	15. Global Learning and Perspectives
	16. Integrative and Applied Learning
	17. Overall Competencies for GE Knowledge
	18. Overall Disciplinary Knowledge
✓	19. Professionalism
	20. Other, specify any assessed PLOs not included above:
a.	
b.	
c.	

Q1.2.

Please provide more detailed background information about EACH PLO you checked above and other information including how your specific PLOs are **explicitly** linked to the Sac State BLGs/GLGs:

To keep the focus related to our national accreditation annual updates, the Recreation Therapy (RT) Concentration looked at **professionalism** for the 2016-2017 year. This is the first full-year of **RPTA 102: Recreation Therapy Professional Practice** replacing RPTA 101: Senior Seminar for Recreation Therapy students (the course as offered as an option a year prior to allow for a smooth transition between catalogs). This course was created to give RT students a more disciplineappropriate course related to passing the national Certified Therapeutic Recreation Specialist (CTRS) examination (required for practicing as an RT) and skills in writing resumes and cover letters for recreation therapist positions in clinical settings. The course is not taught by a tenure-track faculty, but by a lecturer faculty that works full-time as a CTRS in a clinical psych facility.

The Recreation Therapy program has developed five overall goals, and all relate to professionalism. These overall program goals are also used for national accreditation of the program through the Council on Accreditation of Parks, Recreation, Tourism and Related Professions (COAPRT).

Goals of the Therapeutic Recreation Program

A. Offer courses and field-based experiences enabling graduates to meet the criteria for eligibility to sit for examinations to become a Certified Therapeutic Recreation Specialist (CTRS) through the NCTRC and Recreation Therapist, Certified (RTC) through the CBRPC

B. Prepare students to accept their professional and personal roles as advocates for and with individuals with disabilities

C. Continually revise the Option's content so that it always reflects the most current professional standards and practices

D. Continually evaluate current and potential field-based experience sites to provide students with a wide variety of possible field experiences which will expose them to current professional practice by competent practitioners

E. Assist students with securing recreation therapy positions before and after completion of the Option

For this assessment report, goal "B" was evaluated in through the **Program Learning Goal: Describe management** techniques and issues with therapeutic recreation professionals and para-professionals.

In relation to Q1.5. below: **RT uses its national accreditation standards to develop PLOs. The national** accreditation shifted to an assessment-based model in 2013, and the RT program has gone through the new national standards.

Q1.2.1.
Do you have rubrics for your PLOs?
O 1. Yes, for all PLOs
• 2. Yes, but for some PLOs
O 3. No rubrics for PLOs
O 4. N/A
O 5. Other, specify:
Q1.3. Are your PLOs closely aligned with the mission of the university?
O _{2. No}
O 3. Don't know

Q1.4.

Is your program externally accredited (other than through WASC Senior College and University Commission (WSCUC))?

• 1. Yes

- O 2. No (skip to Q1.5)
- 3. Don't know (skip to Q1.5)

Q1.4.1.

If the answer to Q1.4 is yes, are your PLOs closely aligned with the mission/goals/outcomes of the accreditation agency?

• 1. Yes

○ _{2. No}

O 3. Don't know

Q1.5.

Did your program use the *Degree Qualification Profile* ("DQP", see http://degreeprofile.org) to develop your PLO(s)?

O 1. Yes

• 2. No, but I know what the DQP is

3. No, I don't know what the DQP is

4. Don't know

Q1.6.

Did you use action verbs to make each PLO measurable?

• 1. Yes

O 2. No

3. Don't know

(Remember: Save your progress)

Question 2: Standard of Performance for the Selected PLO

Q2.1.

Select <u>OR</u> type in **ONE(1)** PLO here as an example to illustrate how you conducted assessment (be sure you *checked the correct box* for this PLO in Q1.1):

Professionalism

If your PLO is not listed, please enter it here:

Q2.1.1.

Please provide more background information about the **specific PLO** you've chosen in Q2.1.

Please see Q1.2.

Q2.2.

Has the program developed or adopted explicit standards of performance for this PLO?

O 1. Yes

2. No
 3. Don't know
 4. N/A

Q2.3.

Please **provide the rubric(s)** and **standards of performance** that you have developed for this PLO here or in the appendix.

The portfolio in RPTA 102 is graded on a pass/fail system, although the assignments gathered for the portfolio typically used rubrics. For this year's assessment, RPTA looked at the portfolio scores rather than the scores for the individual assignments.

The rubrics for these assignments may vary as students may select their best examples to include in the portfolio. In addition to a resume, cover letter, and professional goals and objectives, students must include an example of professional (1) writing proficiency (grant writing, assessment and documentation, RT program assessment, etc.), (2) oral presentation skills (PowerPoint presentation or video of oral presentation), and (3) group leadership (program manual from RPTA 136 or RPTA 32).

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Q2.4.		Q2.6.	Please indicate where you have published the PLO, the standard of performance, and the
PLO Stdrd Rubrid		Rubric	rubric that was used to measure the PLO:
 ✓ 		\	1. In SOME course syllabi/assignments in the program that address the PLO
			2. In ALL course syllabi/assignments in the program that address the PLO
			3. In the student handbook/advising handbook
			4. In the university catalogue
~			5. On the academic unit website or in newsletters
✓	>	-	6. In the assessment or program review reports, plans, resources, or activities
✓			7. In new course proposal forms in the department/college/university
~			8. In the department/college/university's strategic plans and other planning documents
			9. In the department/college/university's budget plans and other resource allocation documents
			10. Other, specify:

Question 3: Data Collection Methods and Evaluation of Data Quality for the Selected PLO

Q3.1.

Was assessment data/evidence collected for the selected PLO?

- 1. Yes
- O 2. No (skip to Q6)
- 3. Don't know (skip to Q6)
- 4. N/A (skip to Q6)

Q3.1.1.

How many assessment tools/methods/measures in total did you use to assess this PLO?

1

Q3.2.

Was the data scored/evaluated for this PLO?	,
---	---

1. Yes

()					
()	2	No	(skip	to	06

3. Don't know (skip to Q6)

• 4. N/A (skip to Q6)

Q3.2.1.

Please describe how you collected the assessment data for the selected PLO. For example, in what course(s) or by what means were data collected:

Related to Q3.1.1.: Professionalism is directly assessed in RPTA 195D: Recreation Therapy Internship, RPTA 102 (see Q3.2.1. below), and RPTA 119: Recreation Therapy and the Advancement of the Profession. The internship has five reports (each report addresses an aspect of professionalism, and certification requires that there are two goals (four objectives) associated with each report), and a final project that relates directly to what the student did at the internship site (clinical or non-clinical). RPTA 119 has lectures, readings and assignments related to the RT profession. There are three accreditation-related PLOs measured in RPTA 119. Both 195D and 119 are also core courses for all RT students.

Q3.2.1. The data was collected in RPTA 102, although not all of the course was done in this class. RPTA 102 serves as the point for the RPTA portfolio for RT students and some of the assignments uploaded to the electronic portfolios were completed in other RT courses.

(Remember: Save your progress)

Question 3A: Direct Measures (key assignments, projects, portfolios, etc.)

Q3.3.

Were direct measures (key assignments, projects, portfolios, course work, student tests, etc.) used to assess this PLO?

• 1. Yes

O 2. No (skip to Q3.7)

\bigcirc	3.	Don't	know	(skip	to	Q3.	7)

Q3.3.1.

Which of the following direct measures (key assignments, projects, portfolios, course work, student tests, etc.) were used? [Check all that apply]

✓	1.	Capstone	project	(e.g.	theses,	senior	theses),	courses,	or exp	periences
---	----	----------	---------	-------	---------	--------	----------	----------	--------	-----------

✓	2.	Key	assignments	from	required	classes	in t	he	progra	m
	۷.	IXC y	ussignments	110111	required	0103505			progra	•

3.	Key	assignments	from	elective	classes

<u> </u>	4.	Classroom	based	performance	assessment	such as	simulations.	comprehen	sive exams	, or	critiau	Jes

✓	6.	E-Portfolios
---	----	---------------------

7. Other Portfolios

8. Other, specify:

Q3.3.2.

Please **provide** the direct measure (key assignments, projects, portfolios, course work, student tests, etc.) you used to collect data, THEN **explain** how it assesses the PLO:

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The student portfolio is	required by every stude	nt in RT. Please see the appendix for the assignments	used in RPTA 102.
•	. , ,		
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23.4.			
What tool was used to e			
-	ed to interpret the evide		
~		faculty who teaches the class (skip to Q3.4.2.)	
0		roup of faculty (skip to Q3.4.2.)	
0		a group of faculty (skip to Q3.4.2.)	
\sim	ic(s) (skip to Q3.4.2.)		
6. Modified VALUE	rubric(s) (skip to Q3.4	.2.)	
7. Used other mea	ns (Answer Q3.4.1 .)		
23.4.1.			
		ng measures was used? [Check all that apply]	
		ofessional licensure exams (skip to Q3.4.4.)	
		s (e.g. CLA, ETS PP, etc.) (skip to Q3.4.4.)	
	zed knowledge and skil	I exams (e.g. ETC, GRE, etc.) (skip to Q3.4.4.)	
4. Other, specify:			(skip to Q3.4.4.)
Q3.4.2. Was the rubric aligned	directly and explicitly a	with the PLO?	
1. Yes			
O 2. No			
O 3. Don't know			
○ 4. N/A			
- T. IN/A			

Q3.4.3.

Was the direct measure (e.g. assignment, thesis, etc.) aligned directly and explicitly with the rubric?

• 1. Yes

O 2. No

O 3. Don't know

O 4. N/A

Q3.4.4.

Was the **direct measure** (e.g. assignment, thesis, etc.) aligned directly and explicitly with the PLO?

• 1. Yes

O _{2. No}

O 3. Don't know

O 4. N/A

Q3.5.

How many faculty members participated in planning the assessment data **collection** of the selected PLO?

The PLO was developed by the instructor and the Recreation Therapy Coordinator.

Q3.5.1.

1

How many faculty members participated in the evaluation of the assessment data for the selected PLO?

If the data was evaluated by multiple scorers, was there a norming process (a procedure to make sure everyone was scoring similarly)?

O 1. Yes

O 2. No

O 3. Don't know

• 4. N/A

Q3.6.

How did you **select** the sample of student work (papers, projects, portfolios, etc.)? All RT students in the class are required to complete the assignments.

Q3.6.1.

How did you **decide** how many samples of student work to review? All of the assignments are graded, and the department uses scores from every RT student.

Q3.6.2.

How many students were in the class or program?

15-20 per semester.

Q3.6.3.

How many samples of student work did you evaluated?

All.

Q3.6.4.

Was the sample size of student work for the direct measure adequate?

- 1. Yes
- O 2. No
- O 3. Don't know

(Remember: Save your progress)

Question 3B: Indirect Measures (surveys, focus groups, interviews, etc.)

Q3.7.

Were indirect measures used to assess the PLO?

- O 1. Yes
- 2. No (skip to Q3.8)
- 3. Don't Know (skip to Q3.8)

Q3.7.1.

Which of the following indirect measures were used? [Check all that apply]

- 1. National student surveys (e.g. NSSE)
- 2. University conducted student surveys (e.g. OIR)
- 3. College/department/program student surveys or focus groups
- 4. Alumni surveys, focus groups, or interviews
- \Box 5. Employer surveys, focus groups, or interviews
- 6. Advisory board surveys, focus groups, or interviews

7.	Other,	specify:

In the second second

Q3.7.1.1.

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Q3.7.2.

If surveys were used, how was the sample size decided?

Q3.7.3. If surveys were used, how did you select your sample:

Q3.7.4.

If surveys were used, what was the response rate?

Question 3C:	Other	Measures	(external	benchmarking,	licensing	exams,
standardized	tests,	etc.)				

Q3.8.

Were external benchmarking data, such as licensing exams or standardized tests, used to assess the PLO?

- 1. Yes
- O 2. No (skip to Q3.8.2)
- 3. Don't Know (skip to **Q3.8.2**)

Q3.8.1.

Which of the following measures was used? [Check all that apply]
1. National disciplinary exams or state/professional licensure exams
\Box 2. General knowledge and skills measures (e.g. CLA, ETS PP, etc.)
3. Other standardized knowledge and skill exams (e.g. ETC, GRE, etc.)
4. Other, specify:
Q3.8.2. Were other measures used to assess the PLO?

- O 2. No (skip to Q4.1)
- 3. Don't know (skip to Q4.1)

Q3.8.3.

If other measures were used, please specify:

Related to Q3.8.1: C	Certified Therapeutic Recr	eation Specialist (CTR	S) examination	conducted by the	National Council on
Therapeutic Recreation	tion Certification (NCTRC).				

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Question 4: Data, Findings, and Conclusions

Q4.1.

Please provide simple tables and/or graphs to summarize the assessment data, findings, and conclusions for the selected PLO in Q2.1:

See next page

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Q4 BS PARKS RECREATIONAL THERAPY

Course Specific Learning Outcome	COAPRT Learning Outcome	Evidence of Learning Opportunity	Performance Measure		Assessment Results	Evidence of Programmatic Changes
Describe management techniques and issues with therapeutic recreation professionals and para- professionals	7.03.01	RPTA 102	Student portfolio assignments	or higher on	25 students	A question will be added that will specifically look at management techniques with a scenario for an RT professional

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Q4.2.

Are students doing well and meeting the program standard? If not, how will the program work to improve student performance of the selected PLO?

the program will be in	ipy program is pleased with student performance. As mentioned, 91% of students for the most recent he national certification examination on the first try. This is a high pass rate nationally. The challenge for n its growth. Recreation Therapy is adding more students, but not more faculty and the creation of the hopefully allow the department to maintain a high level of quality in the program and a high success rate
on the national certifi	
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-	

O 1. Exceeded expectation/standard

- 2. Met expectation/standard
- 3. Partially met expectation/standard
- 4. Did not meet expectation/standard
- 5. No expectation/standard has been specified
- 6. Don't know

Question 4A: Alignment and Quality

Q4.4.

Did the data, including the direct measures, from all the different assessment tools/measures/methods directly align with the PLO?

• 1. Yes

O 2. No

O 3. Don't know

Q4.5.

Were all the assessment tools/measures/methods that were used good measures of the PLO?

• 1. Yes

- O 2. No
- O 3. Don't know

Question 5: Use of Assessment Data (Closing the Loop)

Q5.1.

As a result of the assessment effort and based on prior feedback from OAPA, do you anticipate *making any changes* for your program (e.g. course structure, course content, or modification of PLOs)?

- O 1. Yes
- O 2. No (skip to Q5.2)
- 3. Don't know (skip to Q5.2)

Q5.1.1.

Please describe *what changes* you plan to make in your program as a result of your assessment of this PLO. Include a description of how you plan to assess the impact of these changes.

The comments in the areas where the program received "no" were related to data provided in the report. We realize that we do more work than we have given concrete evidence of. This is a department issue that can be remedied, but we have not yet formally collected all scores and put them into tables for the assessment committee. This has been done in the past and we expect that we will begin this practice again in the near future. It has been a matter of time. Eventually this will be solved, but an exact timeline for this cannot be provided.

This issue is related to the issues for the Master's program and RPM program.

Q5.1.2.

Do you have a plan to assess the *impact of the changes* that you anticipate making?

- O 1. Yes
- O 2. No

3. Don't know

Q5.2.

Since your last assessment report, how have the assessment data from then been used so far?	1. Very Much	2. Quite a Bit	3. Some	4. Not at All	5. N/A
1. Improving specific courses	\bigcirc	\bigcirc	\bigcirc	۲	\bigcirc
2. Modifying curriculum	\bigcirc	\bigcirc	۲	0	\bigcirc
3. Improving advising and mentoring	\bigcirc	\bigcirc	۲	0	\bigcirc
4. Revising learning outcomes/goals	\bigcirc	0	0	۲	0
5. Revising rubrics and/or expectations	\bigcirc	0	0	۲	0
6. Developing/updating assessment plan	\bigcirc	0	\bigcirc	۲	\bigcirc
7. Annual assessment reports	\bigcirc	\bigcirc	۲	0	\bigcirc
8. Program review	\bigcirc	0	0	0	۲
9. Prospective student and family information	\bigcirc	0	۲	0	\bigcirc
10. Alumni communication	\bigcirc	\bigcirc	\bigcirc	۲	\bigcirc
11. WSCUC accreditation (regional accreditation)	\bigcirc	\bigcirc	۲	0	\bigcirc
12. Program accreditation	۲	0	\bigcirc	0	\bigcirc
13. External accountability reporting requirement	۲	0	\bigcirc	0	\bigcirc
14. Trustee/Governing Board deliberations	\bigcirc	\bigcirc	\bigcirc	0	۲
15. Strategic planning	\bigcirc	0	۲	0	\bigcirc
16. Institutional benchmarking	\bigcirc	0	\bigcirc	\bigcirc	۲
17. Academic policy development or modifications	\bigcirc	0	\bigcirc	0	۲
18. Institutional improvement	\bigcirc	0	\bigcirc	0	۲
19. Resource allocation and budgeting	\bigcirc	0	\bigcirc	۲	\bigcirc
20. New faculty hiring	۲	0	\bigcirc	0	\bigcirc
21. Professional development for faculty and staff	\bigcirc	\bigcirc	0	0	۲

22. Recruitment of new students	\bigcirc	۲	\bigcirc	\bigcirc	\bigcirc
23. Other, specify:					
Q5.2.1. Please provide a detailed example of how you used the assessme	ent data abov	/e:			
Last year assessed Teamwork in the RPTA 136: Program and Eve Although the feedback indicated that it was not clear how this co assignments completed for RPTA 136 related to the PLO are don- assignment.	nnected to t	eamwork, it	was not sta	ited that the	
Recreation Therapy took a different approach than Recreation ar decided that given her students' different requirements and the might consider a different programming course, RPTA 149: Deve course is an elective for RPM students and one that was previous substitute this course for 136, RT students were given an opport disabilities and still meet the national accreditation standard. Th course are also covered in RPTA 119, which is required by all RT	RPTA 136 co eloping and P sly unavailab unity to plan is was becau	urse's bottle rogramming le to RT stue adventure	eneck status g Adventure dents. By all programmin	, that RT stu Experiences lowing RT st ig for persor	idents 5. This udents to 1s with
The results are a better fit for some of the RT students, which al	so has the el	fect of sligh	tly reducing	the load on	RPTA 136.

Q5.3. To what extent did you apply last year's feedback from the Office of Academic Program Assessment in the following areas?	1. Very Much	2. Quite a bit	3. Some	4. Not at All	5. N/A
1. Program Learning Outcomes	0	0	0	0	۲
2. Standards of Performance	0	0	۲	0	\bigcirc
3. Measures	0	0	0	0	۲
4. Rubrics	0	0	0	۲	\bigcirc
5. Alignment	0	0	0	0	۲
6. Data Collection	0	\bigcirc	\bigcirc	۲	0
7. Data Analysis and Presentation	0	0	۲	0	\bigcirc
8. Use of Assessment Data	0	0	۲	0	0
9. Other, please specify:	0	0	0	0	0

Q5.3.1.

Please share with us an example of how you applied **last year's feedback** from the Office of Academic Program Assessment in any of the areas above:

As mentioned in Q5.1.1., RPTA does not do a good job of formally storing and presenting data related to what is actually occurring in the classroom. We have maintained what is required for our national accreditation updates, but given the stress on faculty, additional data presentation has not been maintained as well as it should be. Last years' feedback makes this clear, although the situation has not be remedied.

(Remember: Save your progress)

Additional Assessment Activities

Q6.

Many academic units have collected assessment data on aspect of their program *that are not related to the PLOs* (i.e. impacts of an advising center, etc.). If your program/academic unit has collected data on program *elements*, please briefly report your results here:

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Q7.

What PLO(s) do you plan to assess next year? [Check all that apply]

- 1. Critical Thinking
- 2. Information Literacy
- 3. Written Communication
- 4. Oral Communication
- 5. Quantitative Literacy
- \Box 6. Inquiry and Analysis
- 7. Creative Thinking
- _____8. Reading
- 9. Team Work
- 10. Problem Solving
- 11. Civic Knowledge and Engagement
- **I** 12. Intercultural Knowledge, Competency, and Perspectives
- 13. Ethical Reasoning
- 14. Foundations and Skills for Lifelong Learning
- 15. Global Learning and Perspectives
- 16. Integrative and Applied Learning
- 17. Overall Competencies for GE Knowledge
- 18. Overall Disciplinary Knowledge
- 19. Professionalism
- 20. Other, specify any PLOs not included above:

a.	
b.	
C.	

Q8. Please attach any additional files here:

7.0 (b) Series Le 46.5 KB	arning Outcomes (RT).docx	Q	RPTA 102.docx 35.92 KB	Ū	No file attached	0	No file attached	

Q8.1.

Have you attached any files to this form? If yes, please list every attached file here:

Appendix A: RPTA 102 assignments

Appendix B: Outline of national accreditation learning outcomes and where they are met in the program

Program Information (Required)

Program:

(If you typed your program name at the beginning, please skip to Q10)

Q9.

Program/Concentration	Name: [skip	if program name	appears above]
BS Parks & Rec Rec.	Therapy		

Q10.

Report Author(s): Greg shaw

Q10.1.

Department Chair/Program Director: Greg Shaw

Q10.2.

Assessment Coordinator: N/A

Q11.

Department/Division/Program of Academic Unit Recreation Parks and Tourism

Q12.

College: College of Health & Human Services

Q13.

Total enrollment for Academic Unit during assessment semester (see Departmental Fact Book): 342

Q14. Program Type:

\mathbf{O}	1.	Undergraduate	baccalaureate	maj	or

O 2. Credential

O 3. Master's Degree

O 4. Doctorate (Ph.D./Ed.D./Ed.S./D.P.T./etc.)

5. Other, specify:

1

Q15. Number of undergraduate degree programs the academic unit has?

Q15.1. List all the names: BS in Recreation Administration

Q15.2. How many concentrations appear on the diploma for this undergraduate program?

Q16. Number of master's degree programs the academic unit has?

Q16.1. List all the names: MS in Recreation Administration

Q16.2. How many concentrations appear on the diploma for this master's program?

Q17. Number of credential programs the academic unit has?

Q17.1. List all the names:

Q18. Number of doctorate degree programs the academic unit has?

0

Q18.1. List all the names:

When was your assessment plan	1. Before 2011-12	2. 2012-13	3. 2013-14	4. 2014-15	5. 2015-16	6. 2016-17	7. No Plan	8. Don't know
Q19. developed?	0	0	۲	0	0	0	0	0
Q19.1. last updated?	0	0	۲	0	0	0	0	0

Q19.2. (REQUIRED)

Please obtain and attach your latest assessment plan:

Q20.

Has your program developed a curriculum map?

- 1. Yes
- O 2. No
- O 3. Don't know

Q20.1.

Please obtain and attach your latest curriculum map:

RPTA Therapeutic concentration 4 year plan.docx 57.16 KB

Q21.

Has your program indicated in the curriculum map where assessment of student learning occurs?

- O 1. Yes
- 2. No
- 3. Don't know

Q22.

Does your program have a capstone class?



O 2. No

- 3. Don't know
- Q22.1. Does your program have any capstone project?

• 1. Yes

O 2. No

O 3. Don't know

(Remember: Save your progress)

ver. 5.15/17

Appendix A

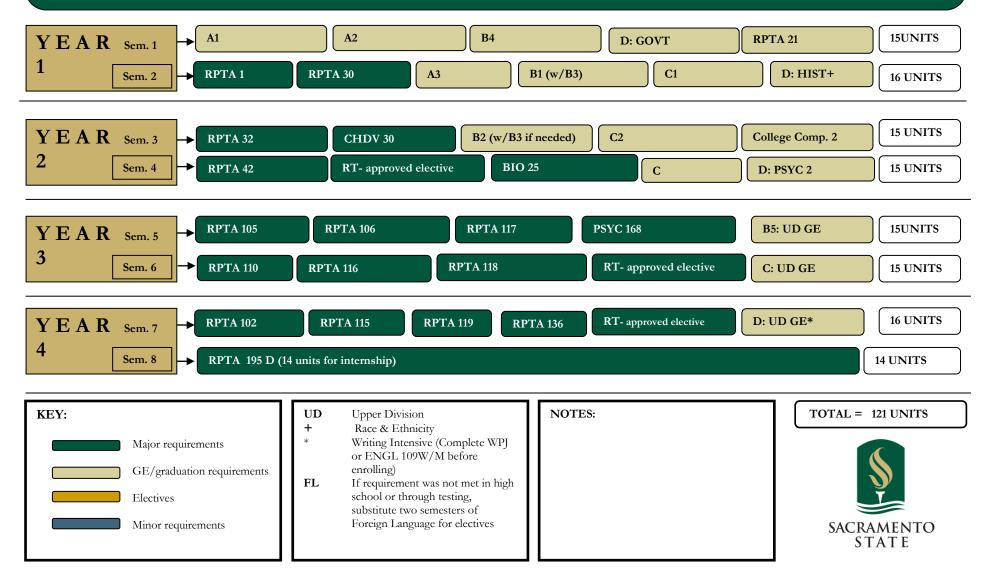
Recreation Therapy Portfolio

Portfolio Assignment: A Portfolio is a Departmental requirement for graduation. All assignments must be completed and **submitted via SacCT TurnItIn by March 17, 2017 by 11:59pm.** Include the following:

ltem #	Title	Description	Deadline via SacCT Link
1	Resume and Cover Letter	Professional submission of current resume; Cover Letter is seeking employment within an organization	March 17, 2017 via SacCT
2	Goals & Objectives	Identify 3 Professional goals and a narrative objective	March 17, 2017 via SacCT
3	Assignment Show Case: #Group Dynamic	Submit a completed assignment in which it showcases your work as part of a group. <i>Example: RPTA 136 Group event</i> <i>flyer/brochure, grading rubric, RPTA 32</i> <i>program manual, etc.</i>	March 17, 2017 via SacCT
4	Assignment Show Case: #Writing Proficiency	Submit a completed assignment in which it showcases your writing skills. Example: RPTA 110 Research Paper, RPTA 42 Research paper, grading rubric, etc.	March 17, 2017 via SacCT
5	Assignment Show Case: #Oral Presentation	Submit a completed assignment in which it showcases a project that you presented orally. <i>Example: Powerpoint presentation,</i> <i>Outline for Presentation, Video of</i> <i>presentation, grading rubric, etc.</i>	March 17, 2017 via SacCT

RECREATION, PARKS & TOURISM ADMINISTRATION – Recreation Therapy Concentration

Minimum total units required for B.S. Degree: 120 • (66-71 units required from Major department) FOUR \diamond YEAR PLAN • Additional courses may be needed to meet remediation requirements in English and/or Math prior to completing GE requirements: A2 & B4 This form is designed to be used in partnership with GE and Major advisors - modifications may be necessary to meet the unique needs of each student. Seek assistance each semester to stay on track and graduate!



Recreation Therapy Concentration

The purpose of the Recreation Therapy (RT) concentration is twofold. First, the RT concentration provides academic course work and field-based experiences, which enable graduates to enter the profession qualified to effectively and successfully provide recreation therapy services to individuals with disabilities in clinical, transitional, and community settings. Competencies addressed in the RT concentration are designed to meet the standards and evaluative criteria of the Council on Accreditation of Parks, Recreation, Tourism and Related Professions (COAPRT), the National Council for Therapeutic Recreation Certification (NCTRC), and the California Board of Recreation and Park Certification (CBRPC). Second, the RT concentration provides to both majors in the department, and campus-wide students who are non-majors, an orientation to individuals with disabilities and to the profession of Recreation Therapy. This knowledge will enable graduates to more competently provide recreation and other services to individuals with disabilities that are more comprehensive and sensitive to their needs.

Goals of the Therapeutic Recreation Program

- A. Offer courses and field-based experiences enabling graduates to meet the criteria for eligibility to sit for examinations to become a Certified Therapeutic Recreation Specialist (CTRS) through the NCTRC and Recreation Therapist, Certified (RTC) through the CBRPC
- B. Prepare students to accept their professional and personal roles as advocates for and with individuals with disabilities
- C. Continually revise the Option's content so that it always reflects the most current professional standards and practices
- D. Continually evaluate current and potential field-based experience sites to provide students with a wide variety of possible field experiences which will expose them to current professional practice by competent practitioners
- E. Assist students with securing recreation therapy positions before and after completion of the Option

A. Certification Criteria

Criteria of COAPRT, NCTRC and CBRPC are regularly reviewed and changes in the RT program including course content, structure, and requirements are revised as needed to reflect changes in criteria. Due to recent changes in NCTRC standards and COAPRT standards, several curriculum changes have been made to the RT program. These changes as well as the RT program course requirements are presented below.

1. Recreation Therapy Option Revisions

Several changes in the RT program have been made in the last year and a few are in review at the Department level. These changes were necessary to keep up to date with NCTRC requirements and COAPRT standards. NCTRC requires all exam applicants to have completed a minimum of 5 courses specific to therapeutic recreation. Therefore, the faculty created one new course addressing recreation therapy content knowledge. In 2012, RPTA 115 *Recreation Therapy Assessment and Documentation* became a course offered at CSUS. In past semesters students had taken the course online through California State University, East Bay. With the addition of the course to the CSUS curriculum, the content of RPTA 118 *Facilitation Techniques in Recreation Therapy* was revised as it had documentation as a component which then was added to the RPTA 115 *Recreation Therapy Assessment and Documentation*, RPTA 106 *Introduction to Inclusive Recreation & Recreation Therapy* name was changed to add Recreation Therapy to the title to include concepts of the Recreation Therapy Process.

In addition to course changes, a full-time tenure track position was empty for 3 years and in the Fall of 2013 Dr. Jamie Hoffman was hired. In the interim, four part-time lecturers filled the gap with teaching and internship supervision while advising was supported by a tenure-track faculty member from the department.

2. Recreation Therapy Option Core Course Requirements

BIO 25: Human Anatomy & Physiology
PSYCH 168: Abnormal Psychology
CHDV 30: Human Development
RPTA 115: Recreation Therapy Assessment and Documentation
RPTA 116: Recreation Therapy Principles and Practices and the Recreation Therapy Process
RPTA 117: Recreation Therapy & Contemporary Aspects of Disability
RPTA 118: Facilitation Techniques in Recreation Therapy
RPTA 119: Recreation Therapy Management
RPTA 195: Recreation Therapy Internship
9 units Supportive Courses

3. Schedule of Course Offerings

The current class offerings are as follows: BIO 25 is offered every semester through the Biology department. PSYCH 168 is offered every semester through the Psychology department. CHDV 30 is offered every semester through the College of Education. The following courses are offered every semester through RPTA: RPTA 102, RPTA 115, RPTA 116, RPTA 117 (also required for Gerontology majors), RPTA 118, RPTA 119, and RPTA 195. The following courses are currently only offered in the Spring semester: RPTA 119.

B. Field-Based Experience Sites

Based on the experiences of students and discussions with practitioners, the agencies to which students can be assigned are regularly updated. The list is updated regularly when new opportunities and contracts are established between the university and outside Recreation Therapy agencies. The document is called the Current Recreation Therapy Contracts and lists approved agencies and can be found the Department's website and below.

http://www.csus.edu/hhs/rpta/programs%20courses/therapeutic-rec.html

C. Employment

Notices of positions available in therapeutic recreation are shared with students on a bulletin board in the main hall of the 4th floor of Solano Hall and are shared during classes. In REC 119 *Therapeutic Recreation Services & Systems*, time is spent orienting and preparing students to meet certification standards as well as securing a professional position.

D. Faculty in Recreation Therapy

Jamie Hoffman, Ed.D., CTRS joined CSUS's faculty in 2013 after earning her doctorate from California State University Long Beach in Educational Leadership. Dr. Hoffman has her undergraduate degree in Recreation Therapy from The University of Tennessee, Knoxville as well as her Masters in Recreation Administration. Dr. Hoffman maintains extensive involvement with professional standards for both the specialty of recreation therapy and the field of campus recreation. Dr. Hoffman is the current president of the California Board of Parks and Recreation Recreation Therapy Section. Dr. Hoffman is currently collaborating with The WELL on the campus of CSUS after attaining a grant to initiate inclusive recreation and adaptive sports programming on the campus. She has conducted numerous state, national, and international workshops and presentations addressing professional practice in recreation therapy, adaptive sports, inclusion, as well as professional standards.

Arlene Krause, CTRS, RTC has been a Recreation Therapist for over 15 years. She holds both national and state certification, and is a Certified Therapeutic Recreation Specialist (CTRS), and Recreation Therapist Certified (RTC). Arlene has been a faculty member at California State University Sacramento since 1997. Within the Department of Recreation, Parks, and Tourism Administration, she has taught a variety of course in the Recreation Therapy concentration, as well as classes in nonprofit leadership and leisure and wellness. Arlene has also worked with Recreation Therapy students as the complete their education through supervising their 14 week internship experience. For the past three years Arlene has also been an instructor and America River College in the Department of Gerontology. At American River Arlene has instructed as part of the Activity Coordinator Certificate Program. Past employment has included work in the field of housing advocacy, and an independent living center, and work in the mental health field. Arlene has her undergraduate degree from Marquette University in Milwaukee Wisconsin, and her Masters from California State University Sacramento.

Lindsay Thuy Dao, CTRS, is the Lead Recreation Therapist for Sutter Center for Psychiatry, the only not-for-profit psychiatric hospital in the Sacramento region that is part of an integrative health care system. She is the Clinical Internship Supervisor, Service Excellence Champion for Patient Satisfaction and is Sutter's Crisis Prevention Intervention Instructor. Lindsay has previously held positions as a Camp Director for Camp Courage, a camp organization that serves

people with disabilities, a Recreation Therapist at Courage Kenny Rehabilitation Institute, as well as clinical experiences at the Western Blind Rehabilitation Center at the VA Palo Alto. Her knowledge and expertise includes the Recovery Model and Dialectical Behavioral Therapy.

Lindsay earned a degree in Recreation Therapy at San Jose State University and currently is a lecturer at California State University, Sacramento since 2013. She resides in Elk Grove and enjoys going on hikes with her faithful dog, Tobi.

7.0(b) Series Learning Outcomes (Recreation Therapy)

7.01.01 Students graduating from the program shall demonstrate entry-level knowledge of the scope and practice of the therapeutic recreation.

7.01.02 Students graduating from the program shall demonstrate entry-level knowledge of the techniques and processes

• Use of best professional practices based on theoretical, philosophical, and scientific foundations of the field of the therapeutic recreation profession in decision-making.

7.01.03 Students graduating from the program shall demonstrate entry-level knowledge of the historical, philosophical, theoretical, and scientific foundations of the therapeutic recreation profession.

COAPRT 7.01 Students graduating from the program shall demonstrate the following entry-level knowledge: a) the nature and scope of the relevant park, recreation, tourism or related professions and their associated industries; b) techniques and processes used by professionals and workers in these industries; and c) the foundation of the profession in history, science and philosophy.

Guidance for TR Focus: Historical, philosophical, theoretical, and scientific foundations of therapeutic recreation

Students graduating from the program shall demonstrate entry-level knowledge of the nature and scope of the therapeutic recreation profession and its associated service delivery systems, and the foundations of the therapeutic recreation profession in history, theory, science, and philosophy.

Course Specific Learning Outcome	TR	Evidence of Learning	Performance Measure	Performance levels/metrics
Course Specific Learning Outcome	Learning Outcome	Opportunity		
Describe standards and regulations which govern therapeutic recreation programs and services	7.01.01	<u>RPTA 116</u>	Online Assignment NCTRC Review	70% of students will score an average of "80%" of the total points
Describe the appropriate therapeutic recreation applications for rehabilitation purposes of clinical terms and diagnoses	7.01.01	<u>RPTA 119</u>	Recreation Therapeutic Department Manual Assignment	TR Model to be used as the foundation of the programs housed within the department. Provide a brief description of the model.
Discuss issues and trends regarding ethical standards in health care professions	7.01.02	<u>R</u> PTA 118	Facilitation Assignment	70% of students will achieve 80% or higher on the presentation
Describe legislative policies regarding individuals with disabilities and its impact on recreation	7.01.02	<u>R</u> РТА 106	Final exam: Questions on the exam relate to legislation. Exam questions (21- 26)	70% of students will achieve 80 % or higher on the exam.
Evaluate the implications of various leisure philosophies to quality of life	7.01.03	<u>R</u> РТА 116	Covered in Lecture, and on midterm	75% of students will achieve an 80% or higher on related questions on midterm.

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Describe potential benefits and liabilities of leisure and common leisure problems	7.01.03	<u>RPTA 106</u>	Wheelchair Experience	Completion of the experience and self-reflection paper.
Describe the major disability classification areas and how to plan therapeutic recreation services for each area	7.01.03	<u>RPTA 117</u>	Midterm exam: Questions on the exam relate to major disability classifications. Student Presentations on specific disabilities.	70% of students will achieve an 80% or greater on the exam.

Human functioning including anatomy and physiology, human growth and development through the lifespan, variations in development and resulting disability, psychology, including abnormal psychology, and theories of human behavior change	7.01.03	BIO 25 (anatomy & physiology)	Students final grades as posted on RT Verification Form and university transcripts	70% of students will earn a "C" or greater in BIO 25 or an equivalent course Sacramento State Recreation Therapy 7
		CHDV 30 (human growth and development through the lifespan)	Students final grades as posted on RT Verification Form and university transcripts	70% of students will earn a "B" or greater in CHDV 30 or an equivalent course
		PSY 168 (abnormal psychology)	Students final grades as posted on TR Verification Form and university transcripts	70% of students will earn a "B" or greater in PSY 168 or an equivalent course
Human services supportive areas including medical terminology	7.01.03	Students will complete 9 units of supportive coursework as defined by NCTRC standards for certification	Students final grades posted on TR Verification Form and university transcripts	70% of students will earn a "B" or greater in all 9 units of supportive coursework

Medical Terminology:	7.01.03	<u>RPTA 117</u>	Medical terminology covered in class activity. Medical terminology assessed in final and midterm	75% of students will earn an "80%" or greater on their cumulative quiz score grade

- 7.02.01 Students graduating from the program shall demonstrate the ability to create/select, conduct, and evaluate individualized assessment for therapeutic recreation services clearly reflecting application of knowledge from relevant facets of contemporary professional therapeutic recreation practice, science, and philosophy.
- 7.02.02 Students graduating from the program shall demonstrate the ability to conduct individualized planning of therapeutic recreation services clearly reflecting application of knowledge from relevant facets of contemporary professional therapeutic recreation practice, science, and philosophy.
- 7.02.03 Students graduating from the program shall demonstrate the ability to implement and facilitate therapeutic recreation interventions and services for diverse clientele, settings, cultures, and contexts.
- 7.02.04 Students graduating from the program shall demonstrate the ability to document therapeutic recreation services according to regulatory, professional, and system requirements.
- 7.02.05 Students graduating from the program shall demonstrate the ability to evaluate therapeutic recreation services at the participant and program level and to use evaluation data to improve the quality of services.

COAPRT 7.02 Students graduating from the program shall demonstrate the ability to design, implement, and evaluate services that facilitate targeted human experiences and that embrace personal and cultural dimensions of diversity.

Guidance For TR Focus: Students graduating from the program shall demonstrate the ability to assess, plan, implement, and evaluate therapeutic recreation services that facilitate targeted outcomes, and that embrace personal and cultural dimensions of diversity.

Course Specific Learning Outcome	TR Learning Outcome	Evidence of Learning Opportunity	Performance Measure	Performance levels/metrics
Evaluate a variety of therapeutic recreation assessment instruments and batteries.	7.02.01	<u>RPTA 115</u>	In class assignments site tour	75% of students will attend the site tours at at least 3 different facilities looking at RT assessment instruments and batteries
Apply the major methods of assessment to determine a client's physical, cognitive, emotional, social, and leisure functioning.	7.02.01	<u>RPTA 115</u>	Case study Grading rubric Midterm exam	75% of the students will score an 80% or better on the case study70% of the students will score an 80% or better on the midterm exam case study component

Explain the process of identifying leisure and social deficits based on assessment information.	7.02.01	<u>RPTA 115</u>	Case study	80% of students will score an 80% or better on identification of functioning and deficits on the case study
Describe the process of developing, presenting, implementing, and evaluating treatment and Program plans in therapeutic recreation	7.02.02	<u>RPTA 118</u>	Final exam	70% of students will earn an 80% or greater on the final exam

Develop measurable goals and objectives, which address client needs.	7.02.02	<u>RPTA 115</u>	Case Study goals and objectives component	70% of students will earn an 80% or greater on the goals and objectives component of the self-study
		<u>RPTA 116</u>	Case study Goals and	70% of students will earn an 80% or
			Objectives component	greater on the grading rubric
Connect client treatment objectives to	7.02.02	<u>RPTA 119</u>	Therapeutic	70% of students will earn an 80% or
comprehensive programming outcomes.			Department Manual	greater on the grading rubric

Organize a leisure wellness program, which addresses specific facilitation techniques and therapeutic recreation programming.	7.02.02	<u>RPTA 118</u>	Intervention Resource Book	75% of students will earn an 80% or greater on the intervention resource book
Detail in writing, the role and importance of various therapeutic recreation facilitation techniques as components of leisure service delivery systems;	7.02.02	<u>RPTA 118</u>	Intervention Resource Notebook	75% of students will earn 80% of the total points associated with the research paper section of the resource notebook

Course Specific Learning Outcome	TR Learning Outcome	Evidence of Learning Opportunity	Performance Measure	Performance levels/metrics
Conduct various facilitation technique experiences with a variety of client populations	7.02.03	RPTA 118	Students participate in Service Learning Assignment	80% of students will earn 80% or greater
Verbally describe methods of conducting facilitation techniques	7.02.03	<u>RPTA 118</u>	Facilitation Assignment	70% of students will score 80% or greater

Course Specific Learning Outcome	TR Learning Outcome	Evidence of Learning Opportunity	Performance Measure	Performance levels/metrics
Describe the goals and models of leisure counseling and education	7.02.03	<u>RPTA 118</u>	Midterm and Final Exams	70% of students will score 80% or greater
Describe the basic components and methods of documenting client progress.	7.02.04	<u>RPTA 115</u>	Peer Facilitation Documentation in class Assignment	100% of students complete Peer Facilitation Documentation in class Assignment

Explain processes of evaluating client progress towards meeting program plan objectives.	7.02.05	<u>RPTA 115</u>	Class discussion	100% of students will participate in class discussion about evaluating client progress towards meeting
Demonstrate the ability to evaluate Therapeutic Recreation individual treatments and programs.	7.02.05	<u>RPTA 119</u>	Program Development Phase 1 of project	70% of students will score 80% or better on assignment

- 7.03.01 Students graduating from the program shall be able to demonstrate entry-level knowledge about facts, concepts, principles, and procedures of management/administration in therapeutic recreation.
- 7.03.02 Students graduating from the program shall be able to apply basic facts, concepts, principles, and procedures of management/administration in therapeutic recreation.

COAPRT 7.03 Students graduating from the pr	ogram shall be a	ble to demonstrate entry-lev	el knowledge about manag	ement/administration in parks, recreation,			
tourism and/or related professions. Guidance for TR Focus: Students graduating from the program shall be able to demonstrate entry-level knowledge about management/administration of therapeutic recreation services.							
Course Specific Learning Outcome	COAPRT Learning Outcome	Evidence of Learning Opportunity	Performance Measure	Performance levels/metrics			
Describe management techniques and issues with therapeutic recreation professionals and para-professionals	7.03.01	<u>RPTA 118</u>	Midterm Exams Questions on the exams relate to management techniques and administrative practices	70% or students will achieve 75% or higher on the questions.			
Develop budgets for therapeutic recreation programs in community and clinical settings	7.03.01	<u>RPTA 119</u>	Therapeutic Department Manual	70% of students will achieve 80% or higher on the budget section of the Therapeutic Department Manual			

Develop a comprehensive therapeutic	7.03.02	<u>RPTA 119</u>	Therapeutic	70% of students will achieve 80% or
recreation program based on			Department Manual	higher on the budget section of the
observations of therapeutic recreation				Therapeutic Department Manual
programs in clinical settings				

COAPRT 7.04 Students graduating from the program shall demonstrate, through a comprehensive internship of not less than 400 clock hours, the ability to use diverse, structured ways of thinking to solve problems related to different facets of professional practice, engage in advocacy, and stimulate innovation.						
Guidance for TR Focus: Students graduating from the program shall demonstrate the sustained ability to apply the therapeutic recreation process, use diverse, structured ways of thinking to solve problems related to different facets of professional practice, engage in advocacy, and stimulate innovation.						
Course Specific Learning Outcome	Specific Learning Outcome	Evidence of Learning Opportunity	Performance Measure	Performance levels/metrics		
Documented completion of hours	7.04	<u>RPTA 195</u>	Signed tri-weekly reports and logs	95% or more of students will complete their 5 tri-weekly reports by the end of the internship		
Completion of goals and objectives	7.04	<u>RPTA 195</u>	Mid-term and Final evaluation from Agency Mentor and student	80% of students will complete 75% or more of their goals and objectives		
			Site and Exit Reports			
Demonstrate competencies associated with core academic courses	7.04	<u>RPTA 195</u>	Final Evaluation by Supervisor: Program Competency Evaluation from Agency Mentor	80% of students will receive 3 or higher on evaluation scale for all core competencies		